



Wild Awakening: 9 Questions That Saved My Life

By Mary Daniels

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Wild Awakening: 9 Questions That Saved My Life, Mary Daniels, When faced with your darkest moment, only two things can save you: the choice you make or a divine intervention. Standing on Tower Bridge, holding her baby and feeling ready to jump was Mary Daniels' darkest moment. No longer able to endure the unbearable pain from the past and the immense challenges of the present, Mary could see only one way out. This book tells her story - the courageous journey she'd been on until that defining moment and, more importantly, the story of what happened next. An inspiring speaker, a powerful storyteller and an original 'wild woman', Mary reveals the extraordinary transformations she never saw coming and the 9 simple yet powerful questions that saved her life. She explains how these questions continue to provide awakenings and lessons, and how, by answering them, you too can reveal inner courage, discover your true voice and find freedom from long-term fears and blocks in all areas of your life. And all it takes is 9 minutes a day. Providing a daily practice for lasting change, Wild Awakening is for anyone who...



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