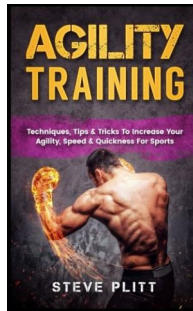


Agility Training: Techniques, Tips and Tricks to Increase Your Agility, Speed and Quickness for Sports



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