



The Stranger in the Mirror: Weight Loss Surgery

By Reed L Teresa, Ellie Salser

T Reed, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A touchingly candid and personal account of lifelong obesity and its emotional, social and physical impact. Ellie Salser takes you on a journey that intimately chronicles her life-changing decision to undergo gastric bypass surgery. Sharing her experiences with the world in the hopes of reaching out to those struggling with weight-related issues, the book is a timeline that begins with the realization and acceptance of her weight problem. Revealing a determination and strength of character that carried Ellie through months of exhaustive research, numerous medical consultations and the difficult decision-making process, the book also details the lengthy preparation, psychological and emotional issues, the surgery, the aftermath and both the positive and negative issues she has dealt with in the five (5) years since. It is with great pride that Ellie no longer sees herself as a stranger in the mirror, but a beautiful woman who successfully changed her life.



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