



Yogalogy: The Guide for Yoga Exams (Paperback)

By Diwan Singh Yadav

Ebooks2go Inc, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This Yogalogy - The Guide for Yoga Exams is very important for those who are appearing for yoga examinations because it gives systematic knowledge and covered all the required topics Anatomy and physiology is the essence of Yogalogy which is covered and relating with the principle of yoga Yogalogy contains four important objective type practice questions Sets, and subjective questions which are helpful for self assessment and for obtaining maximum marks in different yoga examinations Book is simplest form of yoga theory and English you will learn yoga and English both There are many tables and pictures have been given for better understanding I strongly recommend Yogalogy for school students from level 8th to 12th For Aspirants of QCI certification For aspirants of yoga diploma and certificate courses Now Yoga is mandatory for school students so it is very important to understand the yoga theory and principles for yoga exam prospective and for better understanding All the Best!.

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