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## **HELLGATE - AWAKENING A RUNNERS SOUL**



E-Booktime, LLC. Hardcover. Book Condition New. Hardcover. 240 pages. Dimensions: 8.6in. x 5.6in. x 1.0in.Josh Stanton is a distance runner. When he was young, he tortured himself mercilessly on the track and, even though his goal of making an Olympic team always seemed just out of reach, he struggled to maximize his potential. While racing, every second was precious and no sacrifice was too large. The training paid off and, in his early twentys, Josh ran hundreds of races from...

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- Authored by Roger A. Sutton
- Released at -



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## Reviews

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