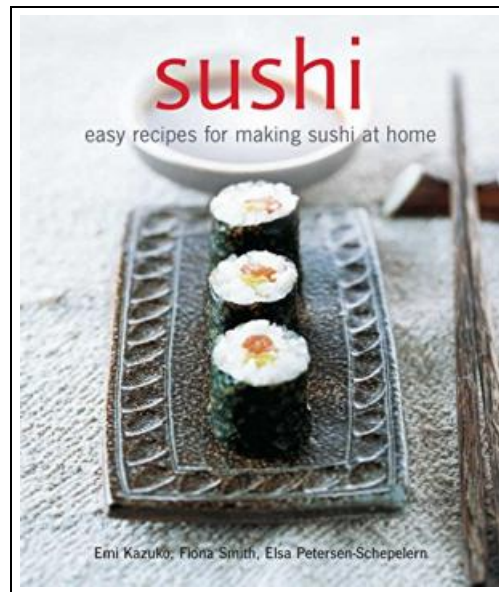


Sushi: Easy Recipes for Making Sushi at Home



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(Dr. Kim Bergnaum)

SUSHI: EASY RECIPES FOR MAKING SUSHI AT HOME

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Ryland, Peters & Small Ltd. Paperback. Book Condition: new. BRAND NEW, Sushi: Easy Recipes for Making Sushi at Home, Emi Kazuko, Fiona Smith, Elsa Petersen-Schepelem, Sushi is delicious as a quick snack or as part of a more substantial Japanese dinner and makes perfect fingerfood. The term 'sushi' is used for dishes based on 'sumeshi', meaning vinegared rice, the most vital part of sushi-making. This book explains how to cook the rice perfectly. Start with simple rolled sushi using classic ingredients such as cucumber, tuna or salmon. Once you've mastered the easy ones you can explore more adventurous variations. The recipes use easy-to-find ingredients, including everything from spinach, asparagus and carrots to prawns, crab and smoked salmon. If you thought making sushi was strictly for the professionals, Sushi will amaze you. With these recipes you will never eat ready-made sushi again. There are also recipes for sashimi and the miso soups that traditionally end a sushi meal as well as others for making great accompaniments, like fabulous pickles and three ways with wasabi. You can have parties where you provide the ingredients and guests make up their own hand rolls from their favourite ingredients, or you can do it for them - it takes no time at all! This is really easy party food, healthy snack food - and great food for kids.

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