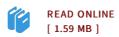




Good Food: 101 Fruity Puds: Triple-tested Recipes

By Jane Hornby

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Good Food: 101 Fruity Puds: Triple-tested Recipes, Jane Homby, We all know that fresh fruit is good for us. It's full of vitamins, high in fibre and low in calories, but it's not always the first thing we turn to for an after-dinner dessert or sweet treat! In 101 Fruity Puds, the Good Food team has collected 101 fantastic fruit recipes, from refreshing and healthy to wickedly indulgent. Including cakes, pastries, roulades, cheesecakes, salads, sorbets, gateaux, meringues and fools - this compact cookbook celebrates the versatility of fruit. These tried-and-tested recipes from Britain's best-selling cookery magazine have been chosen to help even the busiest people enjoy delicious, homemade desserts. With step-by-step instruction, nutritional breakdowns and full-colour photography to accompany each recipe, you can cook with complete confidence.



Reviews

Very helpful to all of group of men and women. It can be writter in easy terms instead of confusing. You will like how the writer write this book. -- Dr. Daren Mitchell PhD

This is actually the finest ebook i have got study till now. I actually have go through and that i am sure that i am going to likely to read once again once again later on. Its been developed in an extremely straightforward way and is particularly simply soon after i finished reading through this ebook through which actually modified me, change the way i really believe.

-- Mrs. Maybelle O'Conner