



Discovering China: Chinese Tea (Hardback)

By Ling Yun

BetterLink Press Incorporated, United States, 2010. Hardback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. With over 120 stunning color photographs and illustrations, Chinese Tea is an exploration of this treasured beverage in China. An excellent companion for those who have an interest in Chinese tea and its rich traditions. Learn about the history of Chinese tea, the 10 most popular Chinese teas and the philosophies and wisdom behind drinking tea. This book introduces the delicately crafted art of the tea ceremony, and the etiquette of drinking tea at a traditional tea house. It also teaches the reader how to prepare Chinese tea at home, along with touching upon the health benefits of tea. Chinese Tea offers: A practical guide to the most popular Chinese teas, and an overview of the utensils used to brew the perfect cup of tea An introduction to the Tao of Chinese Tea An explanation of the art of tea, which shows how tea drinking can be regarded as a representation of the oriental culture The health benefits of drinking tea.



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