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PORTABLE COLOUR ME STRESS-FREE (PAPERBACK)



Race Point Publishing, United States, 2016. Paperback Condition: New. Language: English. Brand New Book. The perfect book for stressed-out adults who want to reconnect, simply and easily, with their inner creativity while on the go. Work, kids, relationships, meetings, traffic, bills.we all face stress on a daily basis and sometimes you just need a way to relieve the tension and avoid burnout, illness, or worse. A simple and inexpensive way to relieve stress is by coloring images, which can...

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- Authored by Lacy Mucklow, Angela Porter
- Released at 2016



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Reviews

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