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Keto Diet Recipe Journal: A Blank DIY Cookbook (Paperback)

By Vicki Becker

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Keto Diet Recipe Journals The Keto Diet Recipe Journal is a blank DIY cookbook. It s the perfect place to write down and keep track of all your favorite Ketogenic diet recipes. You can create your own cookbook with this recipe journal. This 128 page blank recipe cookbook has plenty of room to write down the ingredients, directions, nutritional information, and notes. There are lots of fun colors to choose from and recipe journals make the perfect gift for friends and family! Bring it as a house warming gift or for a celebration like a wedding or bridal shower. Give the journal as is or fill it with cherished family recipes to create a very special one of a kind gift. This DIY recipe cookbook includes: A recipe index with a place for the name and page number for each recipe. Comes in lots of fun colors and designs. The perfect size paperback journal that measures 7 x 10. 120 recipe card formatted pages. Spaces for writing in the prep time, cooking time, and serving information. A place to write down notes...



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