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# Solution-Focused Coaching: Managing People in A Complex World (Paperback)

By Anthony Grant, Jane Greene

Pearson Education Limited, United Kingdom, 2003. Paperback. Condition: New. Language: English . Brand New Book. To be successful at work you have to be successful with people. As stress takes an ever bigger toll on people, so the successful organisation is the one that enables its workforce to manage and even harness that stress into productivity and satisfaction. Balance, clear goals and responsibility become more and more important. The bookexamines the challenges that the furious pace of change in today s world have brought and provides every manager with strategies to facilitate a successful, dynamic, creative, effective workforce. Backed by sound, up-to-the minute psychological theory this book is also highly practical and is packed with validated tools and techniques for enhancing life experience and work performance. This book will equip the reader with usable, effective, proven techniques for improving, communication, collaboration and co-operation at work. It will teach the reader how to become a `manager coach and to lead themselves and their team with confidence.



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