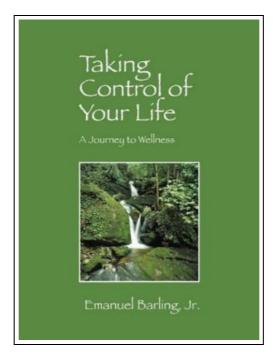
## Taking Control of Your Life: A Journey to Wellness



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## Reviews

It in a of the best publication. It is among the most remarkable publication i have read through. Your lifestyle period will be change once you complete reading this article publication.

(Crystal Rolfson)

### TAKING CONTROL OF YOUR LIFE: A JOURNEY TO WELLNESS



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Outskirts Press, United States, 2010. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Taking Control of Your Life is a comprehensive review of one man's struggle to recover from malignant cancer, Crohn's disease, gout and all of their attendant illnesses. Millions of people are suffering from these diseases without knowing it or have been diagnosed by a doctor with little knowledge of the diseases and their consequences. It was an era of ignorance and misinformation for sufferers of digestive diseases, arthritis and gout. This book exposes the limitations of drug companies, doctors and medical treatments in the U.S. by a former trial attorney who represented, doctors, clinics and hospitals for more than 30 years. It is a journey of both personal and scientific discovery later scientifically proven by the author's succeeding books, Arthritis, Inflammation, Gout, Crohn's, IBD and IBS; Mannie's Diet and Enzyme Formula; and It's Not Your Fault written with his wife and co-author, Ashley F. Brooks, R.N. This book is the beginning of a long journey back to wellness. More than 125 million arthritis sufferers and family members would benefit by reading this book. Millions more suffer from painful gout with no remedy except dangerous prescription drugs. Seven million more people suffer from Crohn's disease, IBD, IBS and other digestive diseases that affect the stomach, colon and rectal areas many leading to malignant cancer. Colorectal cancer is the second most common cancer in the U.S. (behind lung cancer) with nearly 150,000 new cases diagnosed each year. Readers can help their bodies heal by taking natural enzyme supplements while losing weight at the same time. Every human function from opening your eyes in the morning to putting your head to rest on...

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