



## A Handbook of Scotland's Wild Harvests: The Essential Guide to Edible Species with Recipes, Plants for Natural Remedies, and Materials to Gather for Fuel, Gardening Craft (Paperback)

By -

Saraband, United Kingdom, 2015. Paperback. Condition: New. Revised edition. Language: English . Brand New Book. This inspirational guide is bursting with invaluable know-how on Scotland's wild harvest, covering what, where, when and how you can use your bounty in sustainable ways - from the most useful and widespread of species to the less well-known, and from leaves and berries to saps, seeds, seaweeds, mosses and wood. Learn how to begin or extend a repertoire of wild foods and materials that can be used as dyes, remedies and around the home.



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### Reviews

*It is one of my personal favorite books. It is written in easy terms and never hard to understand. It has been designed in an exceedingly easy way and it is only after I finished reading this publication that I changed my way of thinking.*

-- **Lucinda Stiedemann**

*This publication will not be easy to get going on reading but really exciting to read through. It was written really perfectly and beneficial. I found out this PDF from my dad and he suggested this publication to find out.*

-- **Garrett Adams**