



Home Sanctuaries: Creating Sacred Spaces, Altars, and Shrines with Feng Shui (Paperback)

By Shawne Mitchell, Stephanie Gunning

Soul Style Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Make your home an intimate retreat that will please your senses and nourish your soul. Here s how to make your home a sacred space. a sanctuary for mind, body, and soul. HOME SANCTUARIES gives you an easy-to-follow, seven-stage process for building personal retreats, altars, and shrines within your home. You will learn how to identify a location, cleanse and sanctify the area, evaluate the balance of energy, assemble materials, and energize your intentions. Specific chapters are devoted to communal rooms, intimate spaces, zones of creativity, and contemplative environments. Hundreds of practical tips and suggestions, insightful stories, and life lessons provide just the guidance you need to implement the ancient principles of feng shui right where you live. Readers who love the books of Denise Linn, Karen Kingston, Nancy SantoPietro, Xorin Balbes, and Tsh Oxenreider will find this book a great companion of equal value. The Alchemy of Intention (From the Introduction) Where intention goes, energy flows. Because of how energy functions, we are each engaged in co-creation with the life force. If you want your life to be sacred, you...



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