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KETOGENIC SLOW COOKER: 60 EASY KETOGENIC SLOW COOKER RECIPES TO FLAVOR YOUR LIFE (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Ready to lose weight but tired of fad and crash diets? Never fear, because ketosis is here! In this book, we explain what exactly the ketogenic diet is and why it will work for you. We ll delve into the science behind the ketogenic diet and why exactly this new trend has been hitting the ground running. Dont know what foods...

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- Authored by Andrea J Clark
- Released at 2017



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Reviews

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