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LEARNING TO BE YOU, IT'S AN INSIDE JOB: RECOVERY AND HEALING FOR THE LOVED ONES OF THE SUBSTANCE-ADDICTED



Just Be Publishing. Paperback Book Condition: new. BRAND NEW, Learning to be You, It's an Inside Job: Recovery and Healing for the Loved Ones of the Substance-Addicted, Brenda Ehrler, This inspirational book was written to assist the loved ones of the substance-addicted find inner healing through awareness, self-love, changed perception and non-judgement. But anyone experiencing external pain and adversity will benefit from the author's inspiring journey. Brenda shares her personal experience of living with a drug addict/alcoholic for nine years...

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- Authored by Brenda Ehrler
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