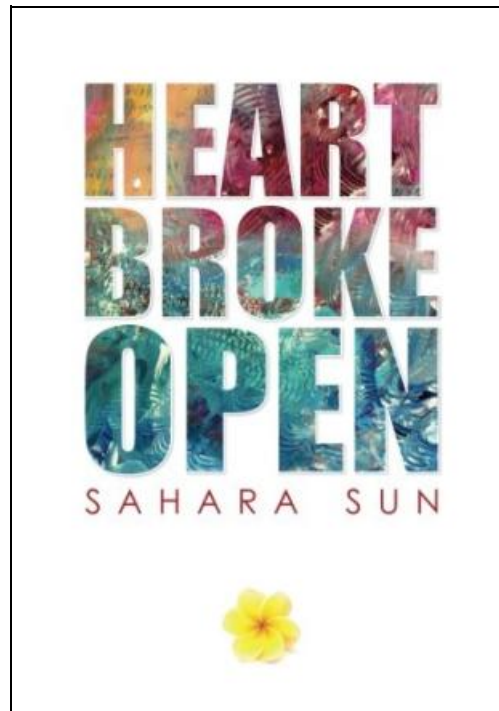


## Heart Broke Open: A healing journey through the heart of Lyme disease



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## HEART BROKE OPEN: A HEALING JOURNEY THROUGH THE HEART OF LYME DISEASE



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Shen Press. Paperback. Condition: New. 286 pages. Dimensions: 9.6in. x 6.7in. x 0.7in. One woman's epic six-month pilgrimage to heal every part of her begins with a leap of faith-out of the rainy Pacific Northwest and into the warmer waters of Hawaii. The power of the islands begin to wield her journey into something she didn't expect. Her old life burns to the ground in heartbreak, health issues, and betrayal from both those she loves as well as her own body. She is in the midst of Lyme disease, homeless and alone. Relying solely on her intuition, the enchanting lessons of the Aloha spirit lead Sahara to realize her journey must go deeper to face everything that lingers in her broken heart. Surrendering onto an unexpected and unknown path before her, she leaves the comforts of paradise and bravely ventures into the Nevada desert for intense treatment. Alone. She is continually tested, facing the Shaman's death, to transcend out of the ashes of her old life. Miracles and blessings begin to change every part of her in ways she never would have expected. Relying on the help of strangers, Sahara is rebirthed into divine surrender where grace leads her home to another magical island and a paradise found within her own self. Sahara Sun sweetly weaves this true heart's tale revealing extraordinary lessons discovered throughout her journey to heal her broken-open heart. She may even inspire you to take the first step on your own healing journey. Heart Broke Open is dedicated to anyone seeking healing, change, and a way to free your heart with the openness to surrender into the mysteries of the unknown. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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