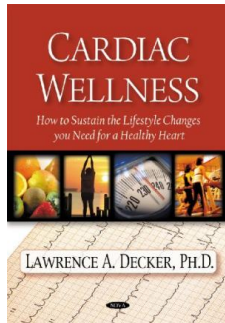


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CARDIAC WELLNESS: HOW TO SUSTAIN THE LIFESTYLE CHANGES YOU NEED FOR A HEALTHY HEART



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