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Reviews

An exceptional publication and also the typeface applied was fascinating to learn. It normally will not expense excessive. Your life period will be transform once you comprehensive looking over this pdf. (Rachelle O'Connell)

DAIRY FOOD FOR ALL SEASONS



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HarperCollins Publishers (Australia) Pty Ltd, Australia, 1993. Paperback. Book Condition: New. 279 x 212 mm. Language: N/A. Brand New Book. Dairy foods form part of a healthy diet. As ingredients in cooking, cheese, milk, yoghurt or cream are an easy way to ensure that everyone gets the nutrition they need with the taste and texture they enjoy. This book features recipes for all tastebuds, all occassions and all cooks. The Australian Dairy Corporation has provided additional recipes, using the latest low fat diary products. There are also hints and tips throughout on nutrition and healty by nutrition consultant Pauline Holden.



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