



The Healthy Thyroid Diet How to Lose Weight, Boost Energy, Look Gorgeous and Relieve Thyroid Symptoms Naturally

By Lucy Taylor

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.We all deserve to enjoy life to the fullest, but did you know that over 25 million Americans suffer from thyroid disease? Worse still. Around 13 million Americans have an UNDIAGNOSED thyroid condition! Conventional medical practitioners routinely misdiagnose - or completely fail to diagnose - thyroid problems. Your doctor means well, but what if he or she has overlooked a dangerous thyroid problem? How are you supposed to manage your health when you don't even know what's really going on? Let's face it. You need access to the truth! Do you or a loved one? Constantly feel tired? Struggle to lose weight? Suffer from mood swings, irritability or depression? Feel hot or cold for no reason? Have menstrual problems? Want to get pregnant but can't? Suffer from digestive problems? Feel shaky? Or feel generally unwell for no reason? The scary truth is. You could have thyroid disease. What now? Conventional treatments for thyroid disease rely on radioactive iodine, beta blockers, surgery and synthetic hormones. Sound like fun? The simple, yet effective, solution no one wants you...



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