



It's About You!: Know Your Self: Book 1

By Chris Johnson

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, It's About You!: Know Your Self: Book 1, Chris Johnson, It's About You! Know Your Self is the first of a trilogy that integrates some of the most profound teachings from science, metaphysics, psychology, philosophy and spirituality into a set of experiential workbooks. The primary aim of the trilogy is to awaken the reader to their own personal intent and in so doing clarify the purpose of their life. Such knowledge equips us with the means to better manage those key areas within our lives health, relationships, occupation and abundance and begin living a more joyful existence.



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Reviews

Comprehensive guideline! Its such a good read through. It is actually written in basic words and not confusing. I am just easily could possibly get a enjoyment of reading a composed book.

-- **Lonzo Wilderman**

Very helpful to all of group of men and women. It can be written in easy terms instead of confusing. You will like how the writer write this book.

-- **Dr. Daren Mitchell PhD**