



Food for Kids with Allergies: Triple-Tested, Easy and Delicious Recipes for Anyone with Food Intolerances, But Especially Children

By The Australian Women's Weekly

Bauer Media Books. Paperback. Book Condition: new. BRAND NEW, Food for Kids with Allergies: Triple-Tested, Easy and Delicious Recipes for Anyone with Food Intolerances, But Especially Children, The Australian Women's Weekly, Food allergies in children are becoming increasingly common and finding suitable food for them can be a nightmare for parents. These recipes are not 'special' food - they can be eaten with pleasure by the whole family. Kids need never feel different again. The recipes cover gluten-free, dairy-free and egg-free dishes and each recipe also notes whether it is nut-free, wheat-free and yeast-free. There are recipes for breakfast and brunch, the lunchbox, after-school snacks, dinner with the family, desserts and cakes and dishes for that most important event, the birthday party.

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