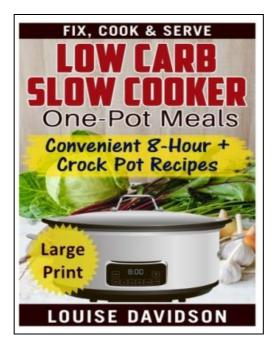
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Reviews

This is basically the very best book i have read right up until now. It is definitely simplistic but excitement in the 50 % from the ebook. Your daily life period will likely be transform as soon as you total reading this article pdf.

(Prof. Ambrose Pollich DDS)

LOW CARB SLOW COOKER ONE POT MEALS ***LARGE PRINT EDITION***: CONVENIENT 8-HOUR + CROCKPOT RECIPES - FIX, COOK SERVE (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. large type edition. Language: English . Brand New Book ****** Print on Demand ******. Stopped using your slow cooker because you couldn't find healthy low carb recipes that can cook all day and be ready when you return home? Spend less time in the kitchen with low carb slow cooker 8-hour and more recipes! *** LARGE PRINT EDITION*** A slow cooker can produce meals that are of amazing quality, and the inherent simplicity of a slow cooker meal only adds to the appeal. You start with a few simple steps earlier in the day and then forget all about it, only to come back hours later to a mouth-watering, home-cooked meal. The appeal becomes even broader if you are following any diet plan. We all know that a big diet sabotage is that we simply get too busy to take the time to make the perfect, diet-friendly meal. This can be especially true if you are following a low carb diet, which often requires at least some cooking. Slow cooking can be a blessing in this respect, but so many times recipes are created to cook for six hours or less, which is a bit pointless for those of us who will not be home to attend to the slow cooker for the better part of the day. This cookbook is presented as a solution to that problem. Each recipe is low carb friendly, delicious, and meant to spend a true day in the slow cooker, with each taking at least eight hours of cooking time. So go dig out the slow cooker that you may have shoved into the back of the cupbo ard out of frustration; here you have proof that ketogenic and low-carb-friendly, home cooked food is possible...

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