



Thru Hell on the Good Foot: The Biography of Mary La Grande Nicholas (Paperback)

By Mary La Grande Nicholas

iUniverse, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Author Mary La Grande Nicholas s life hasn t always been easy, but she credits a guardian angel for helping her navigate to the place she is today. In Thru Hell on the Good Foot, she shares anecdotes and stories from her life s journey. Her story begins with her birth in 1946 in High Point, North Carolina, the second of two daughters. She tells of her father s death when she was two years old, her mother s remarriage, her mother s death when Mary was just eight years old, and Mary s subsequent move to New Jersey to live with relatives. She shares a host of traumatic stories, including a confrontation with the Ku Klux Klan, encounters with a pimp and drug dealers, and a beating from police. Thru Hell on the Good Foot demonstrates her courage and perseverance as she followed the path to adulthood without parents or a proper role model, eventually becoming a nurse and caring for patients with Alzheimer s disease. Her story communicates there is help and hope.

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