



## Don` t Think of a Blue Ball

By Malti Bhojwani

Om Books International, Noida, India, 2012. Paper back. Book Condition: New. Don't Think of a Blue Ball is as light or as deep as you want it to be, depending on how Plugged In you are while reading it. It aims to give you all you need to truly live the life you want and be joyful as you pursue your dreams and desires. Plug In and do the effective, tried-and-tested, exercises derived from Malti Bhojwanits extensive study and hours of coaching her clients. This book includes scientific explanations where needed, wisdom from timeless philosophers and authors, teachings from the scriptures together with the author's own personal poignant experiences to beautifully illustrate how you too can live a life you desire instead of one of default. For the first time, an easy to read book that entwines humor, simple analogies and a firm voice in twelve chapters to show you how to make lasting changes in all areas of your life by making empowering decisions that will instantly help you experience joyous living. You will not only learn how to take action towards your desired life by following steps like in many other self-help books, but also how to change...

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