



## THE MEANING OF LIFE FOR A MODERN MUM (PAPERBACK)

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Troubador Publishing, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Women want and need it all but is it really possible? Generations of women have fought hard to be successful, both at work and at home, but is there enough time to be the best at both? This is the question that mother and businesswoman Di Turner found herself asking. Having had a successful career for 26 years, Di often wondered how she could be the best mum she can be and whether other mothers were feeling the same. A candid, thought-provoking read, ideal for all women, Di Turner's *The Meaning of Life for a Modern Mum* will take you on a journey to finally find the illusive ideal work/life balance you've been striving for. A revolutionary new guide for women who want it all. Di Turner answers every mother's burning questions: Am I doing it right? How do I juggle work and life? How can I have it all? Based on her own experiences, thoughts, challenges and personal revelations over the past seven years of bringing up her children, *The Meaning of Life for a Modern Mum* discusses the importance of understanding yourself, your needs and your expectations of being a mother. Di discusses how we are all unique and individual and the most important thing is to be happy and comfortable in your own skin. She says her wish for her children is for them to be truly and deeply happy and that's much more important than wealth but that to be truly happy it is important to feel you are able to reach your full potential in life and not hold yourself back as so many of us do. Inspired by self-help gurus such as Paul McKenna and outspoken...



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