



## Coping with Emotions

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By Kate Tym

Capstone Global Library Ltd. Paperback. Condition: new. BRAND NEW, Coping with Emotions, Kate Tym, This is a sensitive series that deals with 'teen issues' by offering sympathetic advice for painful and difficult situations using a modern, magazine-style design. Each title helps readers understand why they feel like they do and, at the same time, instills a sense of self-worth and self-confidence. This book includes an overview of what the problem is, and shows a pre-teen/teenager how to help themselves. It also contains case studies and expert advice.



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### Reviews

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