



The Permanent Pain Cure: The Breakthrough Way to Heal Your Muscle and Joint Pain for Good (PB)

By Chew, Ming

McGraw-Hill Education, 2009. Paperback. Book Condition: New. 18.03 x 24.13 cm. Draws on the treatment practices of professional athletes to instruct readers through a variety of stretching exercises, hydration and supplementation guidelines, and prevention strategies, in a guide that focuses on healing chronic pain without drugs or surgery. Reprint. Our orders are sent from our warehouse locally or directly from our international distributors to allow us to offer you the best possible price and delivery time. Book.



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