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How to Raise Disciplined and Happy Children: Mastering the Power of Positive Reinforcement (Paperback)

By Jerry Adams Ph D

Createspace Independent Publishing Platform, United States, 2011. Paperback. Condition: New. Dan Adams (illustrator). Language: English . Brand New Book ***** Print on Demand *****.It is so easy to become a parent that it can happen by accident. So why is raising disciplined and happy children so difficult? Part of the answer comes from the often confusing and conflicting advice heaped upon new parents, especially those extreme views that are pushed particularly forcefully. One side urges protecting children's self-esteem even during misbehavior, in the interests of raising happy children. The other side insists that any noncompliance must be dealt with swiftly and harshly, to assure children are taught obedience. While most parents find little comfort from either extreme, research shows that in practice, punishment is the automatic reaction of most parents to persistently unacceptable behavior -- even though they recognize that punishment does not achieve lasting compliance. Over several decades, Child Psychologist Jerry Adams developed and refined a class for parents to deal with such confusion, basing his approach on rigorously established principles of behavior change which he adapted to the everyday lives of the families he served. In response to requests from parents for a handy reference, Dr. Adams...



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