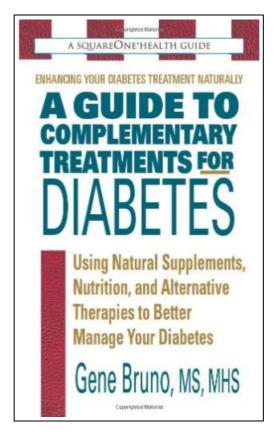
A Guide to Complementary Treatments for Diabetes: Using Natural Supplements, Nutrition, and Alternative Therapies to Better Manage Your Diabetes (Paperback)



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Reviews

Thorough manual for publication fanatics. It is actually rally intriguing through reading through period of time. Its been written in an remarkably simple way and is particularly only after i finished reading through this book in which actually transformed me, change the way i think.

(Morris Schultz)

A GUIDE TO COMPLEMENTARY TREATMENTS FOR DIABETES: USING NATURAL SUPPLEMENTS, NUTRITION, AND ALTERNATIVE THERAPIES TO BETTER MANAGE YOUR DIABETES (PAPERBACK)



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Square One Publishers, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book. If you are among the 17 million American who have diabetes, you are probably working with a doctor to maintain an appropriate treatment program. But what if you could do more to improve your health? In A Guide to Complementary Treatments for Diabetes, Gene Bruno reveals natural ways to complement your current diabetes management. The author first explains what complementary therapy means, stressing that the treatments he recommends are meant to enhance your current diabetes program, not replace it. He then defines diabetes and details nutritional modifications that can be helpful in its control. The remainder of the book is devoted to diabetes symptoms and natural methods for dealing with them, as well as important information on potential interactions between prescription drugs and alternative therapies. Unique in its approach, A Guide to Complementary Treatments for Diabetes will help you assume an active role in your diabetes program and enjoy the greatest health possible.

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