



## Paddle Your Kayak: The Thoughts and Poems of an Old Fogey

By O L D Fogey

iUniverse, United States, 2009. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Paddle Your Kayak is the author s euphemism for get up off your backside and make things happen. Seven chapters span 50 years in what Fogey considers to be an ordinary life. The topics the poet has chosen to write on are ones that have created an impact on his life. Family, countryside, children, growing old, memories and his dislikes. They suggest that Fogey did not drift with the tide and will nudge you into paddling your kayak. Hopefully this book will allow the reader to relax and reflect and find the poetry often amusing, sometimes sad, maybe annoying and always moreish.



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