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By Best Swear Word Journals, Blank Lined Journal

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Calm The F*ck Down - It s Journal Time Reduce Stress Anxiety With The Mental Health Benefits of Journaling Daily This is your #1 Journal for writing your Life s Journey. This blank 150 page journal will jump start your creativity with its minimal design and bright white pages. It can be used for writing notes, as a diary, notebook to track your food, exercise or just for writing down important information. This Blank Lined Journal is a Perfect gift for all occasions.

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