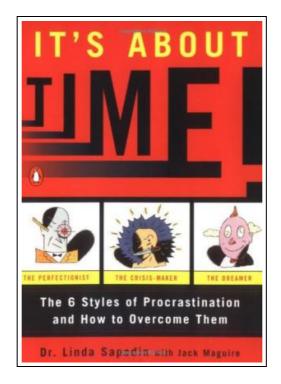
# It s about Time!: The Six Styles of Procrastination and How to Overcome Them



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### IT S ABOUT TIME!: THE SIX STYLES OF PROCRASTINATION AND HOW TO OVERCOME THEM



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