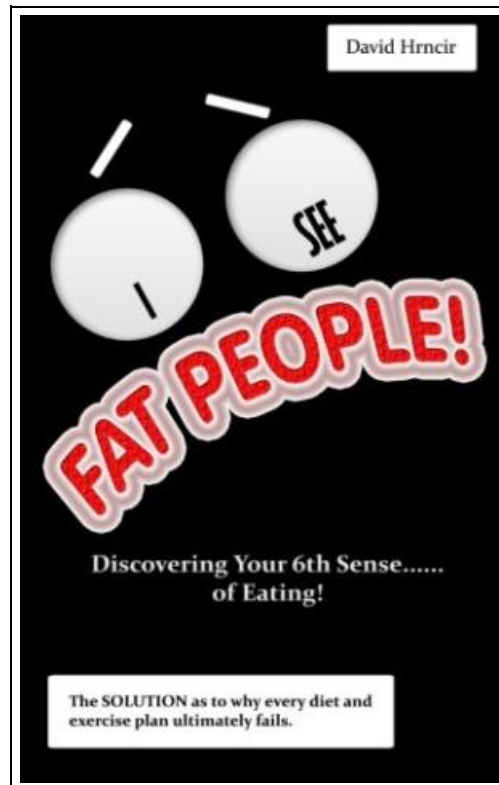


## I See Fat People Discovering Your 6th Sense.of Eating



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## I SEE FAT PEOPLE DISCOVERING YOUR 6TH SENSE.OF EATING



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David Hrcir. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. When I stop dieting, I get fat. When I stop exercising, I get fat. Are you like me? Do you ever wonder why that is? I did. But I wasn't just curious, I was frustrated. . . like most of us are when it comes to weight/fat control. So I set out on a journey. A journey that lasted almost 3 years! After much research and experimentation, I found the solution! Yes, you read that correctly. I have found the reason as to why we get fat when we do not diet and exercise constantly. Believe it or not, most of the problem is not diet and exercise. We all have a hidden 6th sense. . . an ability that, for quite some time in society, has been dormant in our psyche. Our lack of understanding and use of this ability is the reason all diets and exercise programs ultimately fail. Oh, and did I mention that I did not change my diet!!! That was one of the main factors I set in stone in my research. I know, for the most part, I eat healthy. I did not want to create a solution like everyone else tries to do by giving some crazy diet that has to be followed. That is why this, truly, is the solution versus another zany diet. So join me as I describe what has happened to us as a society (me included) and how easily we can correct the fat problem ourselves without a magic pill. No complex scientific mumbo-jumbo here. The entire book is written in an informal, first person, comical format. Absolutely no doom and gloom. I bet you have never read a book like this one. This...



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