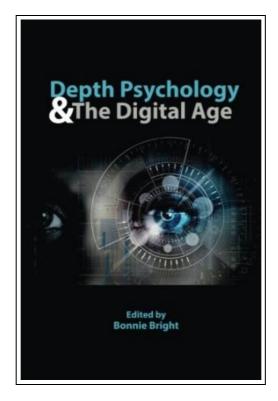
Depth Psychology and the Digital Age (Paperback)



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Reviews

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(Valerie Heaney)

DEPTH PSYCHOLOGY AND THE DIGITAL AGE (PAPERBACK)



Depth Insights, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Google the digital age and you ll discover it is rather broadly defined as the present time -when most information is available in digital form, as compared to the era before the rise of computers in the 1970s. Depth psychology is the study of the soul, first and foremost associated with uncovering and exploring the unconscious. The Greek word psyche means butterfly, and is linked to the Greek anemos, meaning wind or breath, as well as soul and spirit -all concepts that seem distinctly unrelated to technology, yet this diverse and compelling collection of depth psychological insights quickly reveals the archetypal aspects at work on all of us in the depths of the digital age. For one of the founders of modern depth psychology, Carl Gustav Jung, who was born in 1875 and died in 1961, the digital age remained in potentia, but even more than half a century ago, he had significant concerns about the challenges of a growing mind/matter split and the excessive focus of western cultures in particular on science, technology, and rational thinking. Jung believed this trend toward modernity emerged at the expense of more soulful, reflective, poetic ways of being and issued a strong caution against our increasing reliance on machines and technology. He warned of severe consequences that might ultimately propel our civilization toward collapse, unless modernity could be adequately acknowledged and dealt with from a psychological view. The rapid growth of technology in recent decades, combined with what is arguably a decided lack of psychological context around it, has contributed intensively to concerns for some regarding the speed and quantity of information we and our capacity to navigate such a tsunami of data. Technology has profoundly amplified...



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