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SLEEP PULMONOLOGY (HO QUANYING, CHAN PO-YUAN) JULY 2009(CHINESE EDITION)

Hardcover. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.HardCover. Pub Date: 2009 Pages: 604 Publisher: People's Medical Publishing House the Preface: epidemiological survey results show that sleep-disordered breathing, including obstructive sleep apnea hypopnea syndrome (OSAHS) is not like previous understanding so rare. Domestic OSAHS prevalence among adults in about 4%. Domestic and foreign research results show the obese, maxillofacial malformations may be the main reason for the high prevalence of people OSAHS. In recent years, with the development of society and changes in diet, physical activity decreased, obesity has become a heavy social and public health problem, you can foresee the next ten years, even decades OSAHS prevalence will rise, which we should have fully prepared. The main symptoms of sleep apnea hypopnea syndrome night snoring, daytime sleepiness, memory loss, major pathophysiological changes night during sleep, recurrent intermittent hypoxia, carbon dioxide retention and destruction of normal sleep architecture, sleep fragmentation, and thus causing or aggravating a series of pathophysiological changes trigger or exacerbate cardiovascular and cerebrovascular diseases, diabetes and insulin resistance, pulmonary hypertension and pulmonary heart disease, in addition to also lead to road traffic accidents. In this sense, the disease is a systemic disease, it is over the past decade, some scholars believe that this disease belongs to the context of the metabolic syndrome. Sleep apnea diagnosis and treatment of diseases and involves a lot of discipline, in addition to the respiratory department, including otorhinolaryngology, dentistry, neurology, cardiology, endocrinology, pediatrics, the OSAHS caused concern and interest of such a multi-disciplinary, this need different disciplines to strengthen communication and collaborative research, and the only way we can be more comprehensive understanding of the disease, its diagnosis and treatment to achieve a higher level. Abroad from the 1980s attention...



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