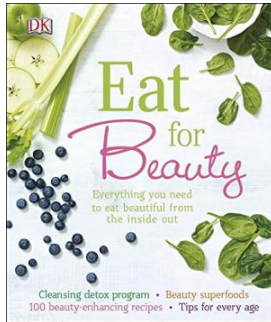


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Dorling Kindersley Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English. Brand New Book. Packed with more than 100 beauty-enhancing recipes, including a kick-start detox program for a full-body beauty recharge, which will get you started on the path toward being your best self. Revitalize the way you look and feel by eating the most effective foods to enhance beauty. Show off clear skin, strong nails, and shiny hair using this practical guide. Identify which natural foods will improve...

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- Authored by Susan Curtis, Tipper Lewis
- Released at 2017



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