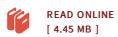




I m Spiritual, Dammit: How to Keep Your Feet on the Ground and Your Head in the Stars (Paperback)

By Jenniffer Weigel

Watkins Media, United Kingdom, 2012. Paperback. Condition: New. Language: English. Brand New Book. This book is one woman's attempt to deal with life's daily whirlwinds - the stuff that happens. Jenniffer Weigel asks three questions that many of us confront at one time or another: Is it possible to be sane and grounded and have a rich interior life? Is it possible to get through the day with poise and grace when everything is hitting the fan? Is it possible to have a spiritual life and not be some sort of wacko? Her answer to all three questions is a resounding Yes! Jenniffer arrives at that conclusion by way of thirteen inspiring commonsense rules for holding it all together. Each rule is given a chapter of its own. Chapter titles include Rock Star Parking, a Tight Ass, and Your Dream Job: Just Thank the Universe and Don't Drink the Kool-Aid: How To NOT Get Lost in a Guru. But don't be misled by the knockabout humour: one of Jenniffer's great lessons for us is that there is no room for solemnity even when we are asking serious questions, such as: Is there such...



Reviews

A brand new eBook with a brand new point of view. It is rally fascinating through reading through time period. You will like the way the article writer compose this ebook.

-- Ciara Senger

This composed pdf is excellent. We have go through and that i am certain that i am going to likely to read again once more down the road. I am just happy to explain how this is basically the very best publication i have go through within my own daily life and can be he best publication for actually.

-- Anika Kertzmann