



Fundamentals of Motivational Interviewing: Tips and Strategies for Addressing Common Clinical Challenges (Paperback)

By Julie A. Schumacher, Michael A. Madson

Oxford University Press Inc, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Motivational interviewing (MI) is an evidence-based communication style that has applicability to diverse professions ranging from mental and physical healthcare to criminal justice. Professionals use MI to help patients/clients harness their own internal motivations for change and become active partners in developing plans for change. Using MI, a professional can guide patients/clients to make positive changes in life areas such as substance abuse, criminal activity, anxiety and mood problems, poor cardiovascular health, and more. Fundamentals of Motivational Interviewing provides a straightforward, common-language, and user-friendly guide to key concepts in MI. The clinical challenges addressed are ubiquitous across helping professions, and this book is unique in its focus on providing practical guidance on what to do when confronted with each challenge. Based on the authors years of experience providing training and supervision in MI, this book answers one of the questions most frequently asked by those they have trained: How can I use MI to address [insert clinical challenge]? Fundamentals of Motivational Interviewing is an accessible and easy-to-use resource organized and written with the busy provider in mind. It is appropriate for all skill levels...



READ ONLINE
[7.5 MB]

Reviews

This kind of pdf is every little thing and taught me to looking forward and more. It is one of the most incredible book i have read. You wont truly feel monotony at whenever you want of your time (that's what catalogs are for about should you check with me).

-- **Miss Amelie Fritsch DVM**

It in just one of the most popular ebook. It really is full of wisdom and knowledge You are going to like just how the blogger create this pdf.

-- **Roosevelt O'Keefe**