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CANADIAN LIVING: ESSENTIAL MEDITERRANEAN FLAVOURS (PAPERBACK)



Juniper Publishing, 2018. Paperback. Condition: New. Language: English . Brand New Book. Along the shores of the Mediterranean, people share a love of good food, especially when it s prepared simply and enjoyed with family and friends. The region s cuisines celebrate fresh vegetables, legumes, seafood and olives, making Mediterranean cooking a healthful choice for everyone. From Spanish tapas and Italian pastas to Greek souvlaki, the dishes of Southern Europe have become Canadian family favourites, as have the falafel, tabbouleh,...

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- Authored by Canadian Living
- Released at 2018



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Reviews

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