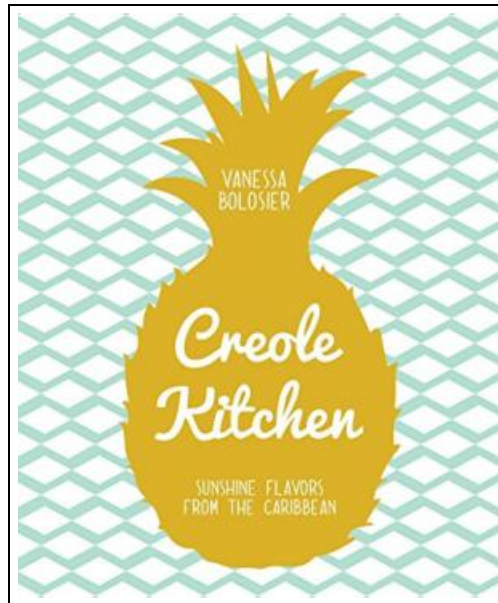


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CREOLE KITCHEN: SUNSHINE FLAVORS FROM THE CARIBBEAN (HARDBACK)



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Weldon Owen, 2016. Hardback. Condition: New. Language: English . Brand New Book. Sunshine-filled fusion food that will transport you to a beachside paradise, without leaving your kitchen. The Creole Kitchen is an excitingly original collection of French Caribbean Creole recipes packed with exotic flavors that will set the tastebuds tingling. Vanessa Bolosier perfectly blends childhood memories, ancestral stories and a wide range of accessible techniques to bring you the most comprehensive guide to Creole cooking. This book is comprised of an extensive introduction to Creole life and cuisine followed by 100 recipes for drinks, starters, fish and seafood, meat and poultry, sides, soups, sauces and condiments, syrups, and dessert. Drinks Whether it s a Coolly cocktail, traditional Christmas liquor, or a non-alcoholic sorrel hibiscus drink, find enjoyable beverages for the whole year. Starters From Creole style okra to shrimp fritters to one of the author s all time favorites of smoked herring chiquetaille, find a diverse range of dishes to start any meal off right. Fish and Seafood Something to satisfy every craving, be it a hearty stew like fish court bouillon, a rice dish like crab matete, or a whole fish like a coconut milk red snapper. Meat and Poultry Dishes like Creole cassoulet, Buccaneer turkey wings, breadfruit and pork paramentier highlight the diverse dishes in this section. Sides With exquisite recipes like plantain gratin, green banana cakes, and stewed green pigeon peas and yams, find the perfect dish to compliment your main course. Soups A unique compilation of recipes like pate en pot, sweet potato and ginger cream soup and coconut potage are sure to introduce a new family favorite. Sauces Recipes like hot Creole sauce and chili puree will make the spice-lovers swoon and equally delicious, yet more mild, avocado cream will add that extra special touch...



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