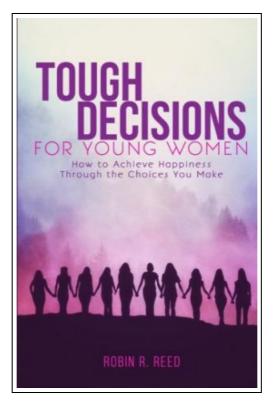
Tough Decisions for Young Women: How to Achieve Happiness Through the Choices You Make (Paperback)



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Reviews

It in just one of my personal favorite publication. It is among the most awesome publication i have read. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Delia Rutherford)

TOUGH DECISIONS FOR YOUNG WOMEN: HOW TO ACHIEVE HAPPINESS THROUGH THE CHOICES YOU MAKE (PAPERBACK)



Sunbury Press, Inc., United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Tough Decisions is a personal journey and a gradual process for young women to find themselves within these confusing times. If you are struggling toward making right decisions you will find by reading this book that ultimately learning to make wise choices will give you peace of mind. Reading through these chapters will give one a sense of accomplishment and sense of self. Within the contents of Tough Decisions you will truly find out who you are, how to start building a life that give you ways to do this, choosing friendships that will give you positive support, developing self-respect that leads to confidence, understanding why self-respect is vital to your happiness, learning how to meet your goals without stressing out, and developing spirituality. Tough Decisions offers awareness into the process of attaining personal growth through stories, choosing fun activities outside of school, accounts of young women nationally as well as international, insight into the value of children's stories, and why emotional maturity will lead to better decisions toward partner commitments and relationships. Endorsed by: Larry Dossey, MD -- Author of nine books, Diplomat, American Board of Internal Medicine. Advisory positions on Hillary Rodham Clinton's Task Force on Health Reform, the Section on Alternative Medicine of the British Parliament, and lectured at major medical schools and hospitals such as Harvard, John Hopkins, Cornell, California, Texas, Minnesota and the Mayo Clinic. David McNally -- International business speaker, author of Even Eagles Need a Push, Learning to Soar in a Changing World, The Eagles Secret, and Success Strategies for thriving at Work and in Life. Award winning Producer of The Power of Purpose and If I Were Brave. David was...

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