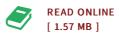




Feast: True Love in and Out of the Kitchen

By Hannah Howard

BRILLIANCE AUDIO, 2018. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. The compulsively readable memoir of a woman at war--with herself, with her body, and with food--while working her way through the underbelly of New York City's glamorous culinary scene. Hannah Howard is a Columbia University freshman when she lands a hostess job at Picholine, a Michelin-starred restaurant in Manhattan. Eighteen years old and eager to learn, she s invigorated by the manic energy and knife-sharp focus of the crew. By day Hannah explores the Columbia arts scene, struggling to find her place. By night she s intoxicated by boxes of heady truffles and intrigued by the food industry s insiders. She s hungry for knowledge, success, and love, but she s also ravenous because she hasn t eaten more than yogurt and coffee in days. Hannah is hiding an eating disorder. The excruciatingly late nights, demanding chefs, bad boyfriends, and destructive obsessions have left a void inside her that she can t fill. To reconcile her relationships with the food she worships and a body she struggles to accept, Hannah s going to have to learn to nourish her soul.



Reviews

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