



My Marriage Through Recovery

By Kara Alberico

Xulon Press, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Hello, my name is Kara and I am a recovering insane wife of an addict and I am here to use the experience of addiction in my life to help you get through yours, with your marriage intact. Peace. Sanity. Joy. What do these words mean to a woman living life as the spouse of an addict? The words themselves sound angelic almost heavenly, yet they seem so unattainable to me. At least they used to. It took a lot of time, a lot of struggles, and a step by step journey to help me define these words and apply them to my life. Today, I am able to catch sanity. I can hold Peace. And I can feel Joy in all circumstances. Not that I always do, but they are no longer unattainable undefinable words. My husband might not always be sober, but now I am okay even when he is not. I have turned my constant need to fix him into a determined desire to fix my own thoughts, words, and actions that block my ability to...

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