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## College Confidence with ADD: The Ultimate Success Manual for ADD Students, from Applying to Academics, Preparation to Social Success, and Everything Else You Need to Know

By Michael Sandler

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, College Confidence with ADD: The Ultimate Success Manual for ADD Students, from Applying to Academics, Preparation to Social Success, and Everything Else You Need to Know, Michael Sandler, Everything You Need to Know to Find Success in College and Beyond While college is a challenge for any student, the increased workload, complexity, freedom and competing demands make it particularly daunting for those students with Attention Deficit Disorder. But you need not be overwhelmed and you can succeed! College Confidence with ADD will help you turn obstacles into opportunities and overcome social, academic, financial, and personal challenges both in and out of the classroom. Whether your goal is to get into the school of your choice, improve your grades, survive the experience, gain guidance and direction, or springboard into the future of your dreams, this comprehensive and essential guide will help you succeed. Some of the many areas covered include: -Choosing and applying to colleges-Getting the accommodations you need-Financial aid, scholarships and starting school-Staying out of trouble, negotiating peer-pressure, and managing freedom-Note-taking, studying and test-taking strategies-Routine-building, prioritizing, and juggling competing demands-Getting healthy, gaining focus, and finding your inner strength-Overcoming depression, anxiety...



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