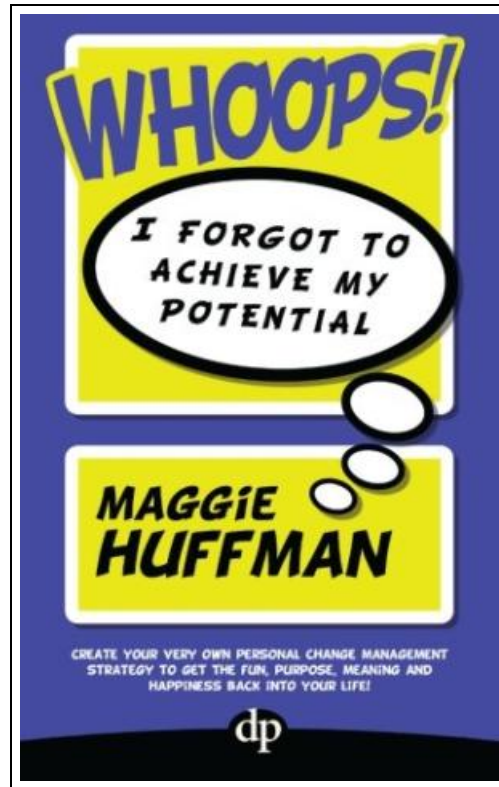


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


(Dr. Carmine Hayes MD)

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Difference Press, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.How did I get here? What happened to my life, my dreams, and my bright, shiny future? When did I stop being smart and high potential? Do I need a career change? What's my purpose? Isn't there something more I could/should be doing? How do I find meaning and challenge? Is it supposed to be all about work-life balance and avoiding burnout? Is it too late to make changes and get back on track? And how do I make changes that stick? I'm afraid that I'm stuck with this life, stalled, and that maybe I've settled. If you've been thinking any of these things, you've found your book! Whether you are struggling to launch your dreams or experiencing that mid-life career funk, get ready to be lured to the bright side. This is *Artist's Way* by Julia Cameron meets *Bossypants* by Tina Fey. Maggie Huffman woke up one day and found that she was caught up in the struggle to find career/life balance, and that wasn't at all what she had planned. Somehow, life had just happened and she didn't actually remember making any big decisions to get there. She was so far off track from what she had hoped her life would be - back in the days when she had potential. How to get back on track? She took what she had learned from running large corporate projects and added in elements from her experience as a multi-faceted life coach. She created a personal change management strategy and tools to go beyond coping with personal change into the realms of actively defining and choosing -...

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