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## Your Complete Guide to Breast Reduction and Breast Lifts (Paperback)

By Alain Polynice, Aloysius Smith

Addicus Books, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book. Have You Ever Wished Your Breasts Were Smaller? If so, you probably already know the problems large breasts can cause--social embarrassment, back and neck pain, shoulder pain from bra straps cutting into your shoulders, and heat rashes under your breasts in the summer. Large, heavy breasts can even affect your posture, causing you to gradually stoop. Fortunately, surgical options are available that can greatly reduce your discomfort. Thousands of women have found relief through breast reduction surgery. Authors Alain Polynice, M.D. and Aloysius Smith, M.D. are board-certified plastic surgeons who have performed hundreds of these breast procedures and now share their expertise and experience with you. They answer such questions as: - How much can breast size be reduced? - What kind of anesthesia is used? - Where are the incisions placed? - Where will I have scars? - Is there much pain after surgery? - How long is the recovery period? - What are the potential complications? In Your Complete Guide to Breast Reduction and Breast Lifts, the authors guide you through the entire experience of breast reduction surgery; they also cover another popular procedure--breast...



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