



Game On!: What I Learned During My Time as the Shrink to the NY Jets - How to Achieve Anything You Want in Life! (Paperback)

By Dr Donna Dannenfelsler

Crescendo Publishing LLC, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Life is a lot like sports, as author Dr. Donna Dannenfelsler will attest to in her book about how she left a world behind to go after a dream. A dream that many told her was impossible. She began her journey as a young mother of three on Long Island, without any money and a psychology degree that she couldn't do anything with, and wound up as the mental health clinician to the NY Jets. This led to her creating the hit TV series, Necessary Roughness in 2011, which was based on her life, accomplishing this without an agent or a manager. Many have asked her how she did it. Dr. Donna takes you on her journey as she describes the ten things she learned along the way and how she has now turned them into 10 core beliefs that anyone can use to achieve their goals. Dreams do come true if you believe, is her mantra. Changing your thoughts will change your life is her truth. This book chronicles Dr. Donna's path, her struggles and disappointments, along with...



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Reviews

Absolutely among the best publication I have got at any time go through. It really is written in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after i finished reading this publication through which basically modified me, alter the way i believe.

-- **Mrs. Velda Tremblay**

This book is amazing. it was written very completely and helpful. Your way of life period is going to be enhance as soon as you full reading this pdf.

-- **Antonia Lindgren II**