

## Read Book

# PELVIC FLOOR MUSCLE EXERCISE



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**Pelvic Floor Muscle Exercise**  
 Knowledge, attitude and practice of PFME  
 among antenatal mothers in Kelantan, Malaysia

VDM Verlag Mrz 2011, 2011. Taschenbuch. Book Condition: Neu. 220x150x4 mm. Neuware - The PFME is significantly effective in controlling urinary incontinence. It should be promoted during pregnancy and after delivery to prevent or treat postnatal incontinence, control bowel motions and increased sexual satisfaction. The study was to determine the knowledge, attitude and practice towards PFME among antenatal women in Kelantan, Malaysia. They were given self-administered validated PFME KAP questionnaire. Of 56 respondents, 96.4% were Malay with the mean age of 33 years....

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- Authored by Rosediani Muhamad
- Released at 2011



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## Reviews

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