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# The Sexual Practices of QUOCOUShka Teachings from the Nagual Tradition Amara Charles

SEXUAL PRACTICES OF QUODOUSHKA: TEACHINGS FROM THE NAGUAL TRADITION

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Sexual Practices of Quodoushka: Teachings from the Nagual Tradition, Amara Charles, Based on ancient Mayan, Olmec, and Toltec teachings passed down through the generations by the Twisted Hair Nagual Elders of the Sweet Medicine Sundance Path, the practice of Quodoushka offers practical guidance on sex, intimacy, and relationships as well as how to reach higher levels of orgasm and sexual ecstasy. Working with the healing power of sexual union...

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